

## SPANISH INFLUENZA IS EPIDEMIC HERE

Many Cases Develop into Deadly Pneumonia—Easier to Prevent Than Cure—How to Avoid.

The constant daily increase of Spanish influenza reported by local physicians shows clearly that many people are failing to take the simple, ordinary precautions necessary to avoid infection. For, while influenza, after its development, is sometimes difficult to cure, it is an easily preventable disease.

The best plan is to begin treatment before the first symptoms show. For no other disease will develop so quickly or spread so rapidly. You may feel fine to-day—be sick to-morrow and lose a week or more of work. You will indeed be fortunate if pneumonia does not develop.

The air to-day is full of influenza germs. Every breath you take is likely to draw them into your nose and throat. You can prevent the disease by a few simple steps. First, avoid crowded places where the virus is spread throughout your body. There is probably no safer or surer way to do this than to go to the nearest drug store and get one of the famous Hymel Inhalant Outfits, consisting of a bottle of the pure Oil of Hymel and a little vespocet, hand rubber inhaling device into which a few drops of the Oil of Hymel are poured.

Just breathe this Oil of Hymel deep into your nose, throat and lungs, and every particle of air that enters your breathing organs will be charged with an antiseptic, germ-killing balsam that will absolutely destroy the germs of influenza that have found lodgment there. You can't do this too often. No ordinary night and morning gargling or throat spraying will be sufficient so long as during the day you come in constant contact with infection. The Hymel Inhaler is small and can be conveniently carried in a hand-bag or vest-pocket. Every half hour or so throughout the day take it out and draw a few breaths of its pure, healing air into your nose and throat. By doing this you can prevent the disease even though you are coming in direct contact with it. This is an inexpensive treatment, as the inhaler will last a lifetime and further supplies of the Oil of Hymel can be had at any drug store for a few cents.

NOTE: Oil of Hymel, so strongly recommended above for the prevention of Spanish influenza, is not a new discovery, but is the application of an old and time-tested treatment to a new disease. Hymel has been a standard in the treatment of catarrh and colds for almost twenty years, and is sold by druggists everywhere. Hundreds of people in Barre and vicinity keep a Hymel outfit with inhaler on the bathroom shelf for regular winter use. If you have one, get it out now and use it. If you haven't one, go to the nearest drug store and get one to-day. It is the duty of every person, not only to take care of his own health, but for the community, to do all in his power to prevent further spread of this epidemic and to stamp it out—Adv.

### GREAT BUILDING DESTROYED.

Pupils in Schools Jumped—There Was No Loss of Life.

Havana, Oct. 24.—Fire in the heart of the business district to-day totally destroyed a building covering an entire block and occupied by a savings bank, a theatre, three cafes, one restaurant and a children's school. The pupils saved themselves by leaping from the second floor into the arms of rescuers. No estimate of the damage was available.

## AN OLD RECIPE TO DARKEN HAIR

Common Garden Sage and Sulphur Makes Streaked, Faded or Gray Hair Dark and Youthful at Once.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and luster to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old-time recipe improved by the addition of other ingredients, at very little cost. Everybody uses this preparation now, because no one can possibly tell that you've darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger. Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Adv.

### EXPRESS REGRET TO SWISS.

That Germans Attacked a Swiss Balloon on the Border.

Berne, Switzerland, Wednesday, Oct. 23.—The Germans, once more expressing their regret over the attack by one of their airmen on a Swiss balloon at the frontier on Oct. 8, causing the death of a Swiss lieutenant named Ruy, have announced that the guilty pilot, a non-commissioned officer, has been condemned to serve three months in prison.

## Give Candy Cascarets to a Bilious, Constipated Child



"Mother gives me a candy Cascaret when I am cross, sick and won't play."

TO MOTHERS! Each ten cent box of Cascarets, candy cathartic, contains full directions for dose for children aged one year old and upwards. Nothing else "works" the nasty bile, sour fermentations and constipation poison from the tender little bowels so gently, yet so thoroughly. Even cross, feverish, bilious children gladly take Cascarets without being coaxed. Cascarets taste just like candy. Cascarets never gripe the little bowels, never sicken, never injure, but above all, they never disappoint the worried mother.

## COL. E. M. HOUSE AGAIN IN PARIS

Pres. Wilson's Personal Representative Is on Official Mission

PRESUMABLY IT HAS TO DO WITH PEACE

Col. House Left the United States Several Days Before Wilson Sent Reply

London, Oct. 25.—Colonel E. M. House, personal friend and adviser of President Wilson, has arrived in France, according to a Paris dispatch to the Times.

Washington, D. C., Oct. 25.—Colonel House, President Wilson's confidential adviser, was sent to Europe as the personal representative of the president on an official mission. This announcement is authorized officially but further information is withheld.

It is understood, however, that the visit of Colonel House to Europe at this time is connected with Germany's plea for an armistice and peace, which now is before the allied governments for decision. Colonel House very probably is authorized to represent the president in discussions with the representatives of the allied governments.

The fact that Colonel House left for Europe several days before President Wilson's final reply to Germany was dispatched is further proof that every step of the president's negotiations with Germany has been taken in full accord with the allied governments. It also is taken to indicate that decision to transmit the German plea to the allies under certain conditions was reached even before the last note from Berlin was received.

Colonel House long has been recognized as the logical selection by the president to represent him in such conferences as now are to be held. He has made frequent trips to Europe since the war began in 1914, conferring with leaders in the leading belligerent nations and more than a year ago he was charged by the president with gathering data for use at the peace conference. Much of it has been assembled at the headquarters of the American Geographical society in New York and on his last trip to that city after the first German note was received, President Wilson examined the data in company with Colonel House.

### WILSON'S STATEMENT

In Informing Germany of Transfer of Matter to Allies.

The text of President Wilson's reply to Germany's latest peace proffer as transmitted by Secretary Lansing to Berlin through the Swiss legation here, is as follows:

"From the Secretary of State to the Charge D'Affaires, ad interim, in charge of German interests in the United States. 'Department of State, Oct. 23, 1918. 'Sir:—I have the honor to acknowledge the receipt of your note of the 23d transmitting a communication under date of the 20th from the German government and to advise you that the president has instructed me to reply thereto as follows:

"Having received the solemn and explicit assurance on behalf of the German government that it unreservedly accepts the terms of peace laid down in his address to the Congress of the United States on the 8th of January, 1918, and the principles of settlement enunciated in his subsequent addresses, particularly the address of the 27th of September and that it desires to discuss the details of their application and that this wish and purpose emanated, not from those who have hitherto dictated German policy and conducted the present war on Germany's behalf, but from ministers who speak for the majority of the Reichstag and for an overwhelming majority of the German people; and having received also the explicit promise of the present German government that the humane rules of civilized warfare will be observed both on land and sea by the German armed forces, the president of the United States feels that he cannot decline to take up with the governments with which the government of the United States is associated the question of an armistice.

"He deems it his duty to say again, however, that the only armistice he would feel justified in submitting for consideration would be one which should leave the United States and the powers associated with her in a position to enforce any arrangements that may be entered into and to make a renewal of hostilities on the part of Germany impossible.

"The president has therefore transmitted his correspondence with the present German authorities to the governments with which the government of the United States is associated as a belligerent.

## A NERVOUS BREAKDOWN

Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss F. O. KELLY, 476 So. 14th St., Newark, N. J.



The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

ent with the suggestion that if those governments are disposed to effect peace upon the terms and principles indicated, their military advisers and the military advisers of the United States be asked to submit to the governments associated against Germany the necessary terms of such an armistice as will fully protect the interests of the peoples involved and ensure to the associated governments the unrestricted purpose to safeguard and to enforce the details of the peace to which the German government has agreed provided they deem such an armistice possible from the military point of view. Should such terms of armistice be agreed their acceptance by Germany will afford the best concrete evidence of her unequivocal acceptance of the terms and principles of peace from which the whole action proceeds.

"The president would deem himself lacking in candor did he not point out in the frankest possible terms the reason why extraordinary safeguards must be demanded. Significant and important as the constitutional changes seem to be, which are spoken of by the German foreign secretary in his note of the 26th of October, it does not appear that the principle of a government responsible to the German people has yet been fully worked out or that any guarantees either exist or are in contemplation that the alterations of principle and of practice now partially agreed upon will be permanent.

"Moreover, it does not appear that the heart of the present difficulty has been reached. It may be that future wars have been brought under the control of the German people, but the present war has not been, and it is with the present war that we are dealing. It is evident that the German people have by means of commanding the acquiescence of the military authorities of the empire in the popular will; that the power of the king of Prussia to control the policy of the empire is unimpaired; that the determining initiative still remains with those who have hitherto been the masters of Germany.

"Feeling that the whole peace of the world depends now on plain speaking and straightforward action, the president deems it his duty to say, without any attempt to soften what may seem harsh words, that the nations of the world do not and cannot trust the word of those who have hitherto been the masters of German policy and to point out once more that in concluding peace and attempting to undo the infinite injuries and injustices of this war the government of the United States cannot deal with any but veritable representatives of the German people who have been assured of a genuine constitutional standing as the real rulers of Germany.

"If it must deal with the military masters and the martial authorities of Germany now, or if it is likely to have to deal with them later in regard to the international obligations of the German empire it must demand, not peace negotiations, but surrender. Nothing can be gained by leaving this essential thing unsaid.

"Accept, sir, the renewed assurances of my high consideration. (Signed) 'Robert Lansing. 'Mr. Frederick Oederlin, Charge D'Affaires of Switzerland, ad interim, in charge of German interests in the United States."

### RECKLESS AT FRONT.

King Albert of Belgium and Premier Clemenceau.

London, Oct. 5.—(Correspondence of the Associated Press).—King Albert of Belgium and Premier Clemenceau of France were apparently so indifferent to shell fire to which they were exposed while the premier was visiting the Belgian front recently as to arouse the admiration of the Belgian soldiers.

One of them describes the incident thus: "The scene is laid among the ruins of a part of the Belgian front daily shattered by shells, bombs, or aerial torpedoes. In the street parallel to the church a little group of persons are walking. A tall khaki figure seems to be guiding a civilian and some French soldiers. It is a Belgian general wandering, leisurely up and down, answering questions and giving explanations to his guests. From our dug-out we soldiers watch with curiosity.

"Suddenly a whistle, an explosion and a burst of smoke hit thirty yards from the visitors. Not one of them took any notice. Another. It falls quite near. The Belgian general, the civilian and the soldiers have not turned their heads. They merely continue their walk as slowly as before. While the fire continues, the visitors are getting nearer our dug-out and we stand at attention.

"The Belgian general is King Albert, the civilian M. Clemenceau."

### BOY SCOUTS ARMED

And Are Used to Quell Strikes in German Cities.

With the American Army Northwest of Verdun, Oct. 24 (by the Associated Press).—Boy scouts in Hamburg and other German cities are being armed with machine guns and are used frequently in quelling strike outbreaks, according to information reaching the American intelligence department.

## CROATIANS ARE IN REVOLT

Regiment of Austrian Army Seized the City of Fiume

HUNGARY MINISTRY THEN COLLAPSED

Premier Wekerle Proposes to King Formation of a Coalition Ministry

Basel, Oct. 25.—It was announced in the lower chamber of the Hungarian Parliament yesterday that the Croatian soldiers of the 79th regiment at Fiume had revolted, seized the city and destroyed the railroad there. Count Apponyi, Count Andrássy and the opposition deputies thereupon demanded the resignation of the ministry, according to Budapest advices received here.

Dr. Wekerle, the premier, declared that, in view of the increasing difficulties of the situation, he would propose to the king a coalition ministry.

IMPRESSES THE BRITISH.

Gabriele D'Annunzio, Italian Poet-Aviator, Called Remarkable.

London, Oct. 25 (Correspondence of the Associated Press).—The air exploits of Gabriele D'Annunzio, the Italian poet, aviator and dramatist, have taken a strong hold on the British public's imagination, and he is acclaimed here as one of the world's foremost figures in aerial warfare. The London papers, which recently have been devoting considerable space to the daring Italian, express surprise that a man of his age and temperament was able to make so remarkable a success as an aviator. Few expected, the Daily Express says, that the "dandy Roman poet" would become an air fighter after passing his fiftieth birthday.

Above all, it is pointed out, he is an inspiration to his people. His deeds during the war are known to all the world, but few outside Italy realize that he has been the greatest public orator of his country since the war began. His speeches are full of prose music, and the message which he dropped over Vienna was written as only a poet and a soldier could write.

D'Annunzio as a squadron leader is said to be not only fearless, but untiring. Routine bombing and chasing have no attractions for him. His fertile brain is constantly at work devising new methods for harrying the enemy in unexpected directions. That is why the Austrians hate him so intensely.

It is believed here that his fate would be dire if he fell into the enemy's hands, and London is quite ready to credit the story that he carries in his tunic pocket a little phial of poison.

## ALL HOME COMFORTS AND SOME ADDITIONS

Were Found by Americans When They Had Smashed the St. Mihiel Salient.

With the American Armies in the Field, Oct. 24 (Correspondence of the Associated Press).—All the comforts of home, with some added luxuries, were found in the dugouts and living quarters which the Germans were forced to abandon when the American troops smashed through the St. Mihiel salient and took the territory which the German army had occupied for four years.

Running water, electric lights, steam heat, tennis courts, bowling alleys, swimming pools, pianos and wine cellars were some of the up-to-date conveniences which Uncle Sam's "moppers-up" that followed on the heels of the rushing

# INFLUENZA LEAVES THE BLOOD THIN AND THE NERVES WEAK

Danger from the Disease Is Seldom Over When the Acute Stage Is Passed--Tonic Treatment Is Recommended

Doctors have agreed that Spanish influenza is really a severe form of the grip which became known in this country a number of years ago under the French name of "la grippe" and which has been epidemic several times since. The danger from grip is seldom over when the characteristic symptoms, the fever, the catarrh, the headache and the depression of spirits pass away. The grip leaves behind it weakened vital powers, thin blood, impaired digestion and over-sensitive nerves—a condition that makes the system an easy prey to pneumonia, bronchitis, rheumatism, nervous prostration and even consumption. Too much stress cannot be laid on the importance of strengthening the blood and nerves during convalescence.

Until the blood is built up there can be no complete recovery of strength and health. In fact, the thin blood often results in a lack of nutrition of the nerves that produces a form of nervous trouble called by medical writers "post gripal neurasthenia," or neurasthenia following an attack of the grip. Such a condition is described by Mrs. Henry H. Miller of No. 121 Elliott street, Brattleboro, Vt., who says:

"I had a severe attack of the grip last January, and it left me with my blood so weak that I had no strength at all. I would be confined to bed for a week at a time and more often for a day or two. I was very nervous, had terrible headaches and finally suffered from rheumatism in my lower limbs.

"Several years ago I had been benefited by Dr. Williams' Pink Pills and I decided to take them again. After I had taken two boxes of the pills I commenced to feel better and could see that they were helping me. I continued their use and now I feel better than I have in a long time. I have recommended Dr. Williams' Pink Pills to many of my friends and will continue to do so, for I am grateful for what the pills have done for me."

Connecticut Woman Enthusiastic. Dr. Williams' Pink Pills are justly regarded as peculiarly adapted to building up the health after a siege of the grip. Mrs. Laura M. Van Sooy, who lives at No. 20 Thorpe street, Danbury, Conn., makes a statement that supports this claim. She says:

"I had a severe attack of grip, and before I had fully recovered rheumatism set in and tormented me for three months. I was in a badly run-down condition. Soon after it began I was so lame for a week that I could hardly walk. It kept growing steadily worse and pretty soon I actually couldn't walk. At last I had to give up completely, and for three weeks I was obliged to keep to my bed. My knees were so stiff I couldn't bend

them and my hands were perfectly helpless. Then the pains began to threaten my heart and thoroughly alarmed me.

"While I was suffering this way I chanced to run across a little book that told about the merits of Dr. Williams' Pink Pills. The statements in it impressed me and led me to buy a box. It was fortunate for me that I did, for these pills proved the very thing I needed. Improvement set in as soon as I began to take them, and it was very marked by the time I had finished the first box. Four boxes made me a well woman. In fact, the pills proved so thoroughly adapted to my case that there is nothing further to report except I am very grateful and that I sincerely recommend Dr. Williams' Pink Pills to any people who are sick as I was."

### A Case in Albany.

Following an attack of grip, Mr. William Fielder of No. 132 First street, Albany, N. Y., suffered from stomach trouble. He says:

"I was very much run down after having the grip and lost both in weight and strength. My stomach was often sour and was very weak. A dull aching pain in the back of my head caused me much distress.

"An article in the paper brought my attention to Dr. Williams' Pink Pills, and I gave them a trial. Before the first box was finished, I felt stronger and kept on with the remedy.

"I am feeling good and my stomach is as well as it ever was. I have gained in weight and strength and no longer suffer from headaches.

"Dr. Williams' Pink Pills certainly helped me wonderfully and I am glad to recommend them."

### Thin Blood Follows the Grip.

Even a short attack of influenza results in many cases in a marked thinning of the blood and this was the experience of Mrs. Anna E. Fahs of No. 72 Washington street, Binghamton, N. Y.

"I was very weak," she says, "and had no color. My appetite was poor and I lost weight. I was very nervous and worried continually over nothing. My heart fluttered and I suffered from shortness of breath. My sleep was not restful and I was weary all the time. Anything that I tried to do was an effort.

"Dr. Williams' Pink Pills had proven to be a good tonic for me before and I took them again. After a week's treatment I felt stronger and better generally.

"Encouraged, I decided to continue with the remedy. My appetite returned, I gained in weight, and I have a good color. The shortness of breath is entirely gone and my heart is normal. I no longer worry and am in good spirits. Dr. Wil-

liams' Pink Pills are certainly a good tonic and I can heartily recommend them to anyone suffering from anemia or a run-down condition following the grip."

Dr. Williams' Pink Pills for Pale People contain just the elements needed to build up the blood and restore the lost color and vitality. New energy circulates through the system with the enriched blood, the heart stops its alarming palpitations, color returns to cheeks and lips. Nothing more is needed except sunlight, good air, proper food and rest.

### Regained Flesh and Strength.

To rebuild the blood, to strengthen the weakened nerves and to get back the lost flesh and strength is the problem of the victim of an attack of influenza. How Mr. Charles Darling of No. 14 Week street, Bath, Me., accomplished this is best told in his own words.

"My doctor treated me successfully for the grip," he says, "but he did not seem to help the after-effects of the disease. I had headaches nearly all the time, my strength was nearly spent, and I often had to lie down and rest. I was pale and lost in weight and had a dull, languid feeling most of the time. My blood was very thin and poor, and my stomach troubled me.

"One day I got a box of Dr. Williams' Pink Pills at the drug store and after taking them for about a week I noticed my health was better. My headache was relieved and I was getting stronger. I have a better appetite and can eat anything I want. I no longer have that tired feeling, my color is normal, and I am gaining in flesh."

### Grip Victims Need a Tonic.

The debility that invariably follows the grip is not a disease of any one organ. It is a general condition of unfitness. It must be met by a remedy whose good results will be quickly generalized throughout the entire system. In fact, it must be corrected by building up the blood which, when rich and red, carries renewed health and strength to every part of the body.

Dr. Williams' Pink Pills are a tonic, not a stimulant. They build up the blood and have transformed thousands of sick, grouchy, irritable, tired and nervous people into active, energetic, capable, efficient men and women.

Our booklet, "Building Up the Blood," contains a chapter on after-effects of the grip which will interest every one who has been a victim of the epidemic. A copy will be sent free to any address on request by the Dr. Williams' Medicine Co., Schenectady, N. Y. Dr. Williams' Pink Pills are sold by your own druggist or will be sent by mail, postpaid, on receipt of price, 50 cents per box, six boxes for \$2.50. Do not pay more.—Adv.



A Million Breakfasts Cooked This Morning on

# Crawford Ranges

Was Yours One?

Among the exclusive Crawford features that have made this range preferred above all others are:

A convenient gas end oven, equipped with new and improved gas broiler. This broiler is instantly adjustable to hold the food at any required distance from the flame without touching the pan, without bending over. It folds away when not in use.

Two separate ovens, both large and roomy—one for coal, the other for gas—both are perfect.

Five center heat gas burners of a new and efficient type bring the heat directly under the center of utensils without wasting gas.

Guarded gas cocks which eliminate danger of accidental opening.

Perfection of design and finish, long service and utility, distinguish Crawford coal ranges—or gas combinations.

Sold by

C. W. AVERILL & CO.



This style Range in four types, Palace, Castle, Fortress and Cottage.